

LISTENING (2,5 p.)

Escoltar una intervenció oral (entrevista, reportatge, col·loqui, etc.) i respondre amb verdader o fals, elegir la resposta correcta entre diverses opcions i justificar, completar frases amb la paraula clau correcta o respondre preguntes concretes relacionades amb el text escoltat.

READING (2,5 p.)

Read the text and answer the following questions:

A Day of Play

With so many channels, cartoons and video games available, sometimes it's hard to convince your child to stop watching TV and go play outdoors. But that is exactly what the television network, Nickelodeon, has been telling kids to do on a special day each year for the past five years.

Every year in September Nickelodeon cancels its cartoon channels and website for a period of time. Their goal is to get families to go out and play together. More than 1,000 opportunities to play are created worldwide just for this special event. In this way, Nickelodeon wants to promote healthy choices and help fight obesity.

Being outdoors helps children to become creative. Playing outside is less structured, so it naturally gives children more opportunity for discovery. It gives them a sense of freedom because adults are more relaxed and allow kids to run and play with more energy and enthusiasm. In addition, when children do something like climb up and go down a little hill, they learn they can do this, which really makes them feel more confident. Kids can also learn about space, distance, and time in different ways. For example, a child might ask himself, "How long does it take me to run across the playground?"

There is also a lot of social interaction that goes on when children play outdoors. They can learn by running, shouting, and using their voices. Outdoor play is definitely louder, with more physical movement. In fact, children sleep better when they have played outdoors. Although they may go back home dirty, kids are so exhausted that they would fall asleep in their bath.

During the time there is no programming on Nickelodeon, a special message appears on the screen. For instance, the message on September 29, 2007 was:

"Yes, your TV is working. Yes, this is Nickelodeon. And yes, this is Nickelodeon's World Wide Day of Play! That means YOU should go out and play! Ride a bike, do a dance, kick a ball, skate a board,



jump a rope, climb a wall, run a race, do ANYTHING that gets you up and playing! Once you've played, there will be more Nick at 3pm, but until then, get up, get active, and GO PLAY!"

In general, the day is a success. Television may be fun, but when kids are presented with a different opportunity to have fun and be active, they are enthusiastic.

Although Nickelodeon's Worldwide Day of Play takes place just once a year, outdoor fun can happen any time. Have you played outdoors today?

Adapted from: http://www.timeforkids.com/TFK/kids/news/story/0,28277,1927592,00.html

1. Choose the best possible answer: $(3 \times 0.2 = 0.6 \text{ p.})$

- 1.1. Nickelodeon cancels its programming because:
 - a) Children need to use their imagination more often.
 - b) It wants children to play outdoors with their families and be healthier
 - c) It wants children to get tired and sleep better.
 - d) Children should spend more time with their families.
- 1.2. When children are playing outdoors, parents...
 - a) have a sense of freedom.
 - b) get very nervous because their kids get dirty.
 - c) are more flexible and not so worried.
 - d) feel their children are more creative.
- 1.3. On Nickelodeon's Worldwide Day of Play there is no programming until...
 - a) 3PM
 - b) children have played outdoors.
 - c) the next day.
 - d) the entire family has played outdoors.

2.	Answer the following questions about the extract. Write your answers in	
	complete sentences using your own words as far as possible: $(3 \times 0.3 = 0.9p)$.)

2.1.	2.1. How often does Worldwide Day of Play take place?					
•				<u> </u>		



	Play?	eon are not available when it is Worldwide day of
2.3.	. What is the only problem when	children play outdoors?
A	Imaginative, original, inventive	e the following meanings: (4 x 0.25 = 1 p.)
В	Without doubt, clearly	
С	The opposite of "wake up"	
D	Entertainment, recreation	
. Wr i		-
. W ri	ite a text in between 50 and	oming to visit you next week. You have arranged a
W ri	ite a text in between 50 and ur friend Anne, from London, is c	oming to visit you next week. You have arranged a e an email to her including:
. W ri	ite a text in between 50 and ur friend Anne, from London, is cekend trip in the mountains. Write Your plans for the weekend	e an email to her including:
. W ri	ite a text in between 50 and ur friend Anne, from London, is cekend trip in the mountains. Write Your plans for the weekend	oming to visit you next week. You have arranged a e an email to her including:
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5. Write a composition of about 130 words on one of the following topics:(1.5 p.)

OPTION A	OPTION B
For your school magazine, write a review of a film, concert or TV programme you have seen recently	Describe a person that has been important in your life. Include information about his or her: - Name, age, job, etc. - Physical appearance - Personality

SPEAKING (2.5 p.)

6. Choose one of the following topics: (1.5 p.)

OPTION A: HEALTHY DIET	OPTION B: PLANNING A TRIP
You are worried because you do not think you are having a healthy diet. Talk about how to change your eating habits (i.e, fruit and vegetables, fast food, soft drinks).	Your partner is visiting the place where you live for a few days and would like some information. Talk about: - Places to stay - Things to see - Places to eat - Transport in the city - Other towns or interesting places to visit

7. Interview. Answer the questions that the interviewer will ask you (1 p.)